



16th April 2026

Year 4 Swimming

Dear parent/carer

We have managed to secure extra swimming lessons for the children to participate in this year. These lessons will run in the afternoons with the children walking from school to Bitterne Leisure Centre. Each afternoon, for 3 weeks, 2 classes will leave school (after having their lunch) each day and be back before the end of the school day. Being able to swim is part of the national curriculum and something we really value at Beechwood as water safety is vital for where we live. The first lesson takes place on the 1st June 2026 and they will run every day until 19th June.

The three-weekly timetable for swimming is as follows:

4H - Anning					
4M - Hopper					
4R - Hypatia					

WK1	Monday 1 st June	Tuesday 2 nd June	Wednesday 3 rd June	Thursday 4 th June	Friday 5 th June
Lesson 1 1:10-1:50	4M	4R	4H	4M	4R
Lesson 2 1:55-2:35	4H	4M	4R	4H	4M

WK2	Monday 8 th June	Tuesday 9 th June	Wednesday 10 th June	Thursday 11 th June	Friday 12 th June
Lesson 1 1:10-1:50	4H	4R	4M	4H	4R
Lesson 2 1:55-2:35	4R	4M	4H	4R	4M

WK3	Monday 15 th June	Tuesday 16 th June	Wednesday 17 th June	Thursday 18 th June	Friday 19 th June
Lesson 1 1:10-1:50	4H	4R	4M	4R	4H
Lesson 2 1:55-2:35	4M	4H	4R	4H	4M



The children will need to bring their swimming costume, goggles (optional) and a towel to school in a bag or rucksack. There will not be enough time to dry hair so they may also want to bring a hairbrush and hair-tie as well. Please ensure children are appropriately dressed for the weather (coat, hat) etc as they will be walking there and back. For these 3 weeks the children will only be doing 1 other session of PE on a Tuesday if they are not swimming. If you have any concerns over being able to provide swimming costumes or towels for your child, please contact the school.

Please return the form attached to the school office by **Monday 4th May**. If you have any questions, please contact your child's class teacher.

Thank you for your continued support,

Best wishes,

The Year 4 Team



Year 4 Curriculum Swimming Consent Letter 2026

Child's name: _____

Child's Class (Please circle) 4H, 4M, 4R

- I give consent for my child to attend the curriculum swimming lessons at Bitterne Leisure Centre (please delete as appropriate)
- I confirm I will send my child with the appropriate swimming items on the dates stated on the timetable.

Your child's prior swimming experience

Has your child ever had swimming lessons with a swim instructor? (e.g at a leisure centre or part of a club)

Yes/No

If yes, what swimming level did they last achieve, when did they achieve it and where did they have lessons?

Is your child comfortable with putting their head under water? Yes/No

Is your child able to swim confidently for 5 metres without touching the ground? Yes/No

Is your child confident swimming without the support of any floatation devices? Yes/No

Is your child able to float confidently on their back? Yes/ No

Has your child ever been swimming in the sea? Yes/No

Does your child experience anxiety around water? Yes/No

If you say yes to this question then we will make contact to discuss this further.

Parent Name: _____

Parent Signature _____

Date: _____

