



**Beechwood
JUNIOR SCHOOL**
Together we can!

Issue #3 June 2025

Safeguarding Newsletter

safeguarding@beechwoodjuniorschool.co.uk

02380227692

Hello and welcome back to our monthly newsletter for safeguarding, our penultimate for this academic year!

This month, we are focussing on the NSPCC's PANTS campaign to help parents and school staff teach children about keeping safe from sexual abuse.



Talk PANTS helps prop conversations with your children to help them understand that their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.

It helps children understand that they have a right to say no and if they need to speak out about something, someone will listen. We know that a simple conversation can make a BIG difference, and that's what Talk PANTS is all about.

The NSPCC have developed a range of different parent guides, videos and resources to help you get the conversation started, including guides for people with a disability and guides for children with autism.

[Click here](#) to find the guide that's right for you!

We want to hear from you! If ever you have any questions, concerns or updates in relation to safeguarding, please reach out to a Designated Safeguarding Officer in school either by using the email above or popping into the office.



Miss Westron
Lead DSL



Mrs Phillips
Deputy DSL



Mrs Street
Deputy DSL



Mrs Furby
Deputy DSL



Spotlight Support:

Each issue we signpost a different support area for you or your child to go to if needing to access a particular type of help or signposting.

This month, we will focus on Childline's 'My Body' support page.

Click the image to be taken to Childline's page for activities or use some of the tools for advice and help and support your child in dealing with changes and looking after their body:



#WakeUpWednesday

The National College's #WakeUpWednesday aims to equip every trusted adult with the knowledge and skills they need to keep up with the latest information, implement best practice and heighten their awareness of issues around the core topics of online safety and mental health & wellbeing.

This month, we are highlighting #WakeUpWednesday's ['OFCOM Media Report 2025'](#) which offers new data and understanding of how young people are using digital platforms. Their handy poster highlights key safeguarding concerns linked to children's engagement with social media, gaming and live streaming.



This guide helps parents understand what current data is reporting about the use of online platforms. For example, 74% of children say they play online with people they know, with 32% report that they knowingly play online with strangers. 31% of children who game online have reported chatting with people they do not know.

Unsupervised Screen Time- screen zombies!

Whether it's the rise in unsupervised screen time, the popularity of gaming with strangers, or the emotional toll of negative online exchanges, the 2025 findings are a timely reminder of the risks that continue to evolve in children's digital spaces.

According to latest statistics, children aged between 8-17 spend 4 hours on a digital device during an average day. This [online safety guide](#) provides some practical tips for helping to reduce your family's screen time and promote healthier use of their devices.

The guide can be found here:

It's not always easy to tell if we've been spending too much time on our devices, even as adults. Mobile phones, tablets, game consoles, TVs... the devices that children have access to seems never-ending. However, too much time on devices could lead to certain problems and might indicate an addictive habit. WakeUpWednesday have created [this guide](#) to help manage screen time as much as possible and avoid becoming a 'screen zombie'.



Whether you want to report child abuse and neglect or are worried about a child and not sure what to, we have advice for you. Don't wait until you're certain: if you have any concerns or suspicions, contact us or [use the NSPCC website](#) as soon as possible.

