



**Beechwood  
JUNIOR SCHOOL**

Together we can!

Issue #1 April 2025

# Safeguarding Newsletter

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**Hello and welcome** to our monthly newsletter for safeguarding. We aim to use this as an interactive way of sharing topical updates as well as information to help everyone in our Beechwood community to keep themselves and our children safe.

We recognise that with most children today having their own phones, computers and other devices, it's vitally important that parents and educators know how to keep young people protected while using them. Between targeted adverts, age-inappropriate content, and other online safety concerns, it can sometimes feel overwhelming to keep on top of.

Parental controls, present on most devices and several apps, can make this job significantly easier – but a certain amount of knowledge is required to use them effectively. The guides signposted in this issue suggest ways to avoid hazards such as sexting, talking to strangers and excessive use. They also allow you to block or restrict certain apps, features, content, downloads or purchases that might not be suitable for young people. Setting limitations around age ratings, Siri and web searches enables you to filter out age-inappropriate content and vastly reduce the likelihood of your children being exposed to potentially upsetting material and information.

**We want to hear from you! If ever you have any questions, concerns or updates in relation to safeguarding, please reach out to a Designated Safeguarding Officer in school.**



Miss Westron  
Lead DSL



Mrs Phillips  
Deputy DSL



Mrs Street  
Deputy DSL



Mrs Furby  
Deputy DSL



## Spotlight Support:

Each issue will signpost a different support area for you or your child to go to if needing to access a particular type of support.

This month, we will focus on Childline's Calm Zone.

Click the image to be taken to Childline's page for activities or use some of the tools to help you feel better when you're feeling anxious, scared or sad.



### Calm zone

If you're feeling overwhelmed or anxious, we've got calming activities that can help.

# #WakeUpWednesday

The National College's #WakeUpWednesday aims to equip every trusted adult with the knowledge and skills they need to keep up with the latest information, implement best practice and heighten their awareness of issues around the core topics of online safety and mental health & wellbeing.

Relevant to all parents and educators, from early years through to secondary school, the #WakeUpWednesday resources can be accessed both online and via the #WakeUpWednesday app, providing instant and easy access to expertise in the areas you need the most.



This month, we are highlighting #WakeUpWednesday's Top 10 Tips for Parents and Carers on:

[Using and reviewing parental controls](#) and guides on how to set up parental controls to limit age-inappropriate content on both [Android](#) and [iPhone](#) devices.

## Dragonfly Champions at Beechwood

*Look out for the dragonfly on our lanyards!*

At Beechwood we have 5 members of staff (Miss Westron, Mrs Phillips, Mrs Street, Mrs Furby and Mrs Hamilton) who have completed training with Paragon to become recognised Dragonfly Champions.

Dragonfly champions are trained to provide a listening ear and a link to domestic abuse support agencies so that isolated people can access help. If you feel you, or someone you know, is in need of support, help or someone to listen to, a Dragonfly Champion can be that person. They are also able to ensure you get the help and support you need.

Our school is a safe place to talk. Domestic abuse affects 1 in 5 families and can occur in different forms: physical, sexual, violent or threatening behaviour, controlling or coercive behaviour, economic abuse and psychological or emotional abuse. If you experience or know someone who is experiencing domestic abuse, **look for an adult with a dragonfly** or ask any adult for a **dragonfly meeting** and we will ensure you are listened to and supported by a trained champion.

Click the image to read more about Dragonfly:



Whether you want to report child abuse and neglect or are worried about a child and not sure what to, we have advice for you. Don't wait until you're certain: if you have any concerns or suspicions, contact us or [use the NSPCC website](#) as soon as possible.

