







Year 5 - PSHE - Summer Two

What should I already know?	What am I going to learn in this unit?	Vocabulary I need to know		
<p>Relationships:</p> <ul style="list-style-type: none"> I can identify what physical touch is acceptable, unacceptable, wanted or unwanted in different situations. I can explain how it may feel in a person's mind and body when they are uncomfortable and how to safely respond. I can identify who to talk to if I am concerned about unwanted physical contact. <p>Living in the wider world:</p> <ul style="list-style-type: none"> I can explain what a gender stereotype is and give an example. I can identify how to safely challenge a stereotype. <p>Health and wellbeing:</p> <ul style="list-style-type: none"> I can identify when situations are becoming risky, unsafe or an emergency. I can differentiate between positive risk taking and dangerous behaviour. I can identify how to respond in an emergency, including when and how to contact different emergency services. I can explain how to deal with common injuries using basic first aid techniques. 	<p>Relationships:</p> <ul style="list-style-type: none"> I can explain that everyone should be treated equally. I can explain why it is important to listen and respond respectfully to a wide range of people. <p>Living in the wider world:</p> <ul style="list-style-type: none"> I can identify how to keep myself safe from fire at home and school. I can explain what a fire hazard is. <p>Health and wellbeing:</p> <ul style="list-style-type: none"> I can identify ways to boost my mood and improve my emotional wellbeing. I can explain that there is a link between participating in interests, hobbies and community groups and my mental wellbeing. I can identify when CPR may be an appropriate emergency response. I can explain how to provide CPR in an emergency situation. I can identify how to respond in an emergency, including when and how to contact different emergency services. 	Emergency		An urgent, unexpected and usually dangerous situation that needs immediate action.
		Risk		A situation involving an exposure to harm.
		Hazard		Something that could be dangerous if
		Wellbeing		Looking after how you feel on the outside and on the inside
		Prevention		Putting things in place to stop something from happening.
		CPR		A type of first aid to keep someone's heart beating and them breathing to try and save their life.