



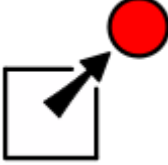




Year 4 - PSHE - Summer one

What should I already know?	What am I going to learn in this unit?	Vocabulary I need to know	
<p>Relationships:</p> <ul style="list-style-type: none"> I can explain the difference between playful dares and dares which put someone at risk. I can identify how to manage pressures associated with dares. I can explain how to report my concerns and seek help if I am worried or uncomfortable about someone's behaviour, including online. <p>Living in the wider world:</p> <ul style="list-style-type: none"> I can explain what digital footprint means. I can recognise that everyone has a digital footprint. I can explain what online data is. I explain how online data is shared and used. I can explain how to recognise factual content. <p>Health and wellbeing:</p> <ul style="list-style-type: none"> I can recognise what is meant by a 'drug'. I can identify some of the effects related to different drugs and that all drugs, including medicines, may have side effects. I can recognise that for some people using drugs can become a habit which is difficult to break. 	<p>Relationships:</p> <ul style="list-style-type: none"> I can explain the importance of respecting differences and similarities between people. <p>Living in the wider world:</p> <ul style="list-style-type: none"> I can explain what a money budget is. I can explain what an essential payment may be. <p>Health and wellbeing:</p> <ul style="list-style-type: none"> I can explain the term puberty. I can identify a physical change that happens during puberty. I can identify external genitalia I can identify internal reproductive organs I can explain what the menstrual cycle is. 	Respect	 <p>Caring for other people's feelings, wishes and their rights.</p>
		Budget	 <p>An allowance of money.</p>
		Essential	 <p>Something that is needed.</p>
		Puberty	 <p>When a child experiences physical changes into adulthood.</p>
		External	 <p>Outside.</p>
		Internal	 <p>Inside.</p>
		Menstrual cycle	 <p>The time from the first day of a person's period to the day before their next period.</p>