

Year 3 - PSHE - Summer one

What should I already know?	What am I going to learn in this unit?	Vocabulary I need to know	
<p>Relationships:</p> <ul style="list-style-type: none"> <li>I can identify respectful behaviours.</li> <li>I can explain how to model respectful behaviours in different situations.</li> </ul> <p>Living in the wider world:</p> <ul style="list-style-type: none"> <li>I can identify that different jobs will require different skills</li> <li>I can identify that a skill may help me with more than one job.</li> <li>I can identify different ways to keep myself safe near water.</li> <li>I can explain how to call for help in an emergency.</li> <li>I can explain what a Coastguard is.</li> </ul> <p>Health and wellbeing:</p> <ul style="list-style-type: none"> <li>I can identify different feelings and begin to discuss my own feelings.</li> <li>I can recognise that feelings can change overtime and become more or less powerful.</li> </ul>	<p>Relationships:</p> <ul style="list-style-type: none"> <li>I can explain why self-respect is important, especially for my mental health.</li> <li>I can recognise that everyone, including myself, has the right to be treated respectfully by others.</li> </ul> <p>Living in the wider world:</p> <ul style="list-style-type: none"> <li>I can identify different ways to keep myself safe near water.</li> <li>I can explain how to call for help in an emergency.</li> <li>I can explain what a Coastguard is.</li> </ul> <p>Health and wellbeing:</p> <ul style="list-style-type: none"> <li>I can recognise that everyone is individual, unique and has valuable contributions to make to our community.</li> <li>I can identify my own personal strengths, interests and recognise what I am proud of.</li> <li>I can explain that self-worth and self-esteem mean.</li> <li>I can recognise common challenges to self-worth such as finding school work difficult.</li> <li>I can identify basic strategies for reframing and managing a setback.</li> </ul>	Self-respect	Pride and confidence about myself.
		Mental health	Our emotional, psychological and social wellbeing.
		Coastguard	People who keep an eye on waters to assist people that may be in danger.
		Emergency	A serious, unexpected and sometimes dangerous situation which could cause someone harm.
		Unique	Being the only one, individual.
		Community	A group of people living in the same area or having the same interests or characteristics.
		Reframe	Thinking about something differently.