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| **Year 4 – *PSHE* – Spring one** | | | |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know | |
| Relationships:   * I can explain how knowing someone online is different from knowing someone face to face. * I can identify risks in communicating with someone I don’t know. * I can identify ways to communicate respectfully. * I can explain what to do if I am worried about any contact online. * I can identify the difference between playful teasing, hurtful behaviour, and bullying, including online. * I can explain how to respond if I see or experience hurtful behaviour or bullying, including online.   Living in the wider world:   * I can explain what a community is. * I can identify a community I belong to. * I can identify how a community can be strong.   Health and wellbeing:   * I can explain how to brush and floss my teeth correctly. * I can explain the importance of regular visits to the dentist. * I can explain the effects of different foods and drinks on dental health. | Relationships:   * I can explain what confidentiality is. * I can identify when it is right to keep or break a confidence or share a secret.   Living in the wider world:   * I can define what democracy is. * I can identify where I see democracy at school. * I can explain what parliament is. * I can explain my right to vote when I am older. * I can identify different ways to keep myself safe near railways. * I can identify hazards at a railway.   Health and wellbeing:   * I can explain what a medicine does and why it is important to take medicines correctly. * I can explain what is meant by a ‘household product’ and explain why it is important to use a household product correctly. | Confidentiality | Private information kept secret |
| Report | To tell someone about something that has been seen or heard |
| Democracy | Where people are able to choose their government by voting for it |
| Parliament | The group of elected representatives |
| Hazard | Something which has the potential to cause harm |
| Medicine | Treatment for illness or injury |
| Household product | Items used in and around the house. |