



# **NON CONTACT KARATE TAUGHT BY FULLY QUALIFIED INSTRUCTORS**

**EVERYONE WELCOME  
FROM 4 YEARS OLD**

**WE TEACH TRADITIONAL KARATE ENCOURAGING CONFIDENCE, RESPECT,  
DISCIPLINE, SELF AWARENESS AND AGILITY IN A FUN & CONTROLLED  
ENVIRONMENT. ALL CLASSES ARE FRIENDLY, INFORMATIVE & CATER TO THE  
INDIVIDUAL NEEDS OF THE STUDENT.**

**STARTING SEPTEMBER 2023**

**EMAIL: [info@sama-southwest.com](mailto:info@sama-southwest.com) to book your place**

**BEECHWOOD JUNIOR SCHOOL – THURSDAYS**

**3.30PM– 4.15PM (BEECHWOOD PUPILS ONLY)**

**4.30PM – 5.30PM (COMMUNITY CLASS OPEN TO EVERYONE)**

**£5.50 PER CLASS – PAY AS YOU GO**



**MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: [WWW.SAMA-SOUTHWEST.COM](http://WWW.SAMA-SOUTHWEST.COM)**

**I GIVE CONSENT FOR MY CHILD (NAME) ..... TO TRY KARATE**

**PARENT/GUARDIAN SIGNATURE .....**

**EMERGENCY CONTACT NUMBER .....**

**MY CHILD HAS THE FOLLOWING MEDICAL CONDITIONS .....**

**Tel: 07764 478507**



**Child Protection  
in Sport Unit**

