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|  **Year 6 – *PSHE* – Autumn two** |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know |
| Relationships:* I can identify what it means to be attracted to someone and recognise there are different kinds of loving.
* I can explain the difference between gender identity and sexual orientation.
* I can explain what consent means and know how to seek and give/not give permission in different situations.
* I can identify qualities that help form a healthy romantic relationship.
* I can explain how to seek support if I am concerned about a romantic relationship.
* I can explain different ways couples may show their love and commitment to one another, including those who are not married or who live apart.

Living in the wider world:* I can explain what prejudice and discrimination are and the difference between them.
* I can identify ways to safely tackle discrimination.
* I can explain what diversity is and how to value and celebrate it.

Health and wellbeing: * I can explain that balancing time online with other activities helps me to manage my health and wellbeing.
* I can identify different ways to manage my time spent online.
* I can explain what to do if I am worried about something I have seen online.
 | Relationships:* I can compare the features of a healthy and unhealthy relationship
* I can explain how to seek support if I am worried about an unhealthy relationship.
* I can explain what marriage and civil partnership means.
* I can explain that everyone has the right to choose whom they marry and to force anyone into marriage is illegal.
* I can identify how and where to report forced marriage or how to seek support if I am worried.

Living in the wider world:* I can explain what a stereotype is and why they are harmful.
* I can identify how to safely challenge stereotypes in a wide range of scenarios.

Health and wellbeing: * I can explain that mental health is as important as physical health and both need to be looked after.
* I can identify different ways to take care of my mental health.
* I can recognise that anyone can be affected by mental ill-health.
* I can explain how mental health difficulties can be resolved with help and support.
 | Commitment  | A pledge or an obligation to do something.  |
| Consent | Giving someone a choice about touch or actions and respecting their answer. |
| Marriage  | A legal union between two people.  |
| Forced  | Done against your wishes  |
| Legal  | Allowed by the law.  |
| Stereotypes  | A fixed idea or belief. |
| Mental Health  | Our emotional, psychological and social wellbeing.  |