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| **Year 6 – *PSHE* – Autumn two** | | | |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know | |
| Relationships:   * I can identify what it means to be attracted to someone and recognise there are different kinds of loving. * I can explain the difference between gender identity and sexual orientation. * I can explain what consent means and know how to seek and give/not give permission in different situations. * I can identify qualities that help form a healthy romantic relationship. * I can explain how to seek support if I am concerned about a romantic relationship. * I can explain different ways couples may show their love and commitment to one another, including those who are not married or who live apart.   Living in the wider world:   * I can explain what prejudice and discrimination are and the difference between them. * I can identify ways to safely tackle discrimination. * I can explain what diversity is and how to value and celebrate it.   Health and wellbeing:   * I can explain that balancing time online with other activities helps me to manage my health and wellbeing. * I can identify different ways to manage my time spent online. * I can explain what to do if I am worried about something I have seen online. | Relationships:   * I can compare the features of a healthy and unhealthy relationship * I can explain how to seek support if I am worried about an unhealthy relationship. * I can explain what marriage and civil partnership means. * I can explain that everyone has the right to choose whom they marry and to force anyone into marriage is illegal. * I can identify how and where to report forced marriage or how to seek support if I am worried.   Living in the wider world:   * I can explain what a stereotype is and why they are harmful. * I can identify how to safely challenge stereotypes in a wide range of scenarios.   Health and wellbeing:   * I can explain that mental health is as important as physical health and both need to be looked after. * I can identify different ways to take care of my mental health. * I can recognise that anyone can be affected by mental ill-health. * I can explain how mental health difficulties can be resolved with help and support. | Commitment | A pledge or an obligation to do something. |
| Consent | Giving someone a choice about touch or actions and respecting their answer. |
| Marriage | A legal union between two people. |
| Forced | Done against your wishes |
| Legal | Allowed by the law. |
| Stereotypes | A fixed idea or belief. |
| Mental Health | Our emotional, psychological and social wellbeing. |