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| **Year 3 – *PSHE* – Autumn two** | | | |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know | |
| Relationships:   * I can identify 3 positive features of being part of a family. * I can explain what to do/who to speak to if family relationships are making me feel unhappy or unsafe. * I can describe different types of family structures. * I can identify differences and similarities between different types of families. * I can explain why different family types should be valued and celebrated.   Living in the wider world:   * I can explain what a law is and why they are important. * I can explain what human rights are and name a human right that I have. * I can explain how human rights protect me.   Health and wellbeing:   * I can identify ways to keep myself safe when near fireworks. * I can explain what an exit strategy is and why they are important. | Relationships:   * I can identify positive aspects of being part of a family. * I can explain different ways that people can care for each other. * I can explain what is appropriate to share with friends, family, classmates and wider social groups. * I can explain what privacy and personal boundaries are and how to respect them.   Living in the wider world:   * I can explain what a responsibility is. * I can identify a responsibility I have. * I can explain why rights are important.   Health and wellbeing:   * I can identify healthy and unhealthy choices in food and how this could negatively impact me. * I can explain what is meant by a healthy, balanced diet. | Positive | Something that is good or wanted. |
| Appropriate | Correct or right for the situation. |
| Personal | Something belonging to a particular person. |
| Privacy | Something being left alone or not looked at by other people. |
| Right | The freedoms we have that are protected by law. |
| Responsibility | A duty that we may have. |
| Balanced | Equal, the same or the right amounts of something. |