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|  **Year 3 – *PSHE* – Autumn two** |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know |
| Relationships:* I can identify 3 positive features of being part of a family.
* I can explain what to do/who to speak to if family relationships are making me feel unhappy or unsafe.
* I can describe different types of family structures.
* I can identify differences and similarities between different types of families.
* I can explain why different family types should be valued and celebrated.

Living in the wider world:* I can explain what a law is and why they are important.
* I can explain what human rights are and name a human right that I have.
* I can explain how human rights protect me.

Health and wellbeing: * I can identify ways to keep myself safe when near fireworks.
* I can explain what an exit strategy is and why they are important.
 | Relationships:* I can identify positive aspects of being part of a family.
* I can explain different ways that people can care for each other.
* I can explain what is appropriate to share with friends, family, classmates and wider social groups.
* I can explain what privacy and personal boundaries are and how to respect them.

Living in the wider world:* I can explain what a responsibility is.
* I can identify a responsibility I have.
* I can explain why rights are important.

Health and wellbeing: * I can identify healthy and unhealthy choices in food and how this could negatively impact me.
* I can explain what is meant by a healthy, balanced diet.
 | Positive  | Something that is good or wanted.  |
| Appropriate  | Correct or right for the situation. |
| Personal  | Something belonging to a particular person. |
| Privacy  | Something being left alone or not looked at by other people. |
| Right  | The freedoms we have that are protected by law.  |
| Responsibility  | A duty that we may have.  |
| Balanced  | Equal, the same or the right amounts of something. |