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| **Year 6 PE Autumn 1 – Football and Gymnastics** |
| Gymnastics | Tag Rugby  |
| Sticky Knowledge |  |  |  | Sticky Knowledge |  |  |  |
| I can use a range of pathways, levels and speeds when travelling. |  |  |  | I can consider my teams positioning and communicate before and during match play to stop an opponent scoring. |  |  |  |
| I can combine different methods of travel in a routine. |  |  |  | I can make a quick decision on when to apply pressure to an opponent to ensure that I am successful.  |  |  |  |
| I can show symmetry and asymmetry in different rolls. |  |  |  | I can combine a variety of skills in order to score a try. |  |  |  |
| I can begin to balance on my hands. |  |  |  | I can experiment with different formations and decide which is the most effective for our team. |  |  |  |
| I can show acrobatic balances with a partner on the floor.  |  |  |  | I can experiment with different formations and decide which is the most effective in different match scenarios.  |  |  |  |
| With a partner, I can perform acrobatic balances with fluency and control in a routine.  |  |  |  |  |  |  |  |
| Keywords: |  | Keywords: |  |
| Travel  | Create  | Evade | Formations  |
| Match  | Position  | Create  | Explore  |
| Execution  | Tension  | Try Free Vectors | Rugby try illustration | Scenario  |
|  |  | Opponent  |  |