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| **Year 5 PE Autumn 1 – Football and Gymnastics** | | | | | | | | | |
| Gymnastics | | | | | Football | | | | |
| Sticky Knowledge | |  |  |  | Sticky Knowledge | |  |  |  |
| I can travel sideways. | |  |  |  | I can use dribbling skills to evade an opponent. | |  |  |  |
| I can make symmetrical and asymmetrical shapes in the air. | |  |  |  | I can shoot with a variety of techniques whilst maintaining accuracy. | |  |  |  |
| I can show different finishing positions when rolling. | |  |  |  | I can make a decision on which body part to use when the ball is in flight. | |  |  |  |
| I cam mirror and match my partner’s symmetrical and asymmetrical shapes. | |  |  |  | I am learning to use passing and moving skills to create a shooting opportunity. | |  |  |  |
| I can perform balances with control, showing good body tension. | |  |  |  | As a team player, I can use a variety of attacking skills to score a goal against an opponent. | |  |  |  |
| I can create and perform a sequence with my partner. | |  |  |  | As a team player, I can use a variety of attacking skills during match play. | |  |  |  |
| Keywords: | |  | | | Keywords: | |  | | |
| Sideways | Symmetry | | | | Evade | Shoot | | | |
| Finishing | Position | | | | Flight | Movement | | | |
| Mirror/Match | Tension | | | |  |  | | | |
| Execution |  | | | |  |  | | | |