|  |
| --- |
| **Year 5 PE Autumn 1 – Football and Gymnastics** |
| Gymnastics | Football  |
| Sticky Knowledge |  |  |  | Sticky Knowledge |  |  |  |
| I can travel sideways. |  |  |  | I can use dribbling skills to evade an opponent. |  |  |  |
| I can make symmetrical and asymmetrical shapes in the air.  |  |  |  | I can shoot with a variety of techniques whilst maintaining accuracy. |  |  |  |
| I can show different finishing positions when rolling.  |  |  |  | I can make a decision on which body part to use when the ball is in flight. |  |  |  |
| I cam mirror and match my partner’s symmetrical and asymmetrical shapes.  |  |  |  | I am learning to use passing and moving skills to create a shooting opportunity. |  |  |  |
| I can perform balances with control, showing good body tension. |  |  |  | As a team player, I can use a variety of attacking skills to score a goal against an opponent. |  |  |  |
| I can create and perform a sequence with my partner.  |  |  |  | As a team player, I can use a variety of attacking skills during match play.  |  |  |  |
| Keywords: |  | Keywords: |  |
| Sideways  | Symmetry  | Evade | Shoot  |
| Finishing  | Position  | Flight  | Movement  |
| Mirror/Match  | Tension  |  |  |
| Execution  |  |  |  |