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| **Year 4 PE Autumn 1 – Football and Gymnastics** | | | | | | | | | |
| Gymnastics | | | | | Football | | | | |
| Sticky Knowledge | |  |  |  | Sticky Knowledge | |  |  |  |
| I can travel using different pathways on the floor. | |  |  |  | I can create space to receive a pass. | |  |  |  |
| I can confidently leap forward in a routine. | |  |  |  | I can use different parts of my foot to receive a ball. | |  |  |  |
| I can add a quarter or half turn into a jump before landing. | |  |  |  | I can pass a ball with accuracy using both feet. | |  |  |  |
| I can use my core strength to hold a balance. | |  |  |  | I can pass from a variety of distances. | |  |  |  |
| With a partner, I can use rolls, balances and jumps to create a sequence. | |  |  |  | I can use different parts of my body to receive a ball. | |  |  |  |
| I can perform a short sequence using what we have learned. | |  |  |  | I can control a ball away from an opponent to create space. | |  |  |  |
| Keywords: | |  | | | Keywords: | |  | | |
| Roll What are Rolls in Gymnastics? - Physical Education - Twinkl | Half turn | | | | Create space | Receive | | | |
| Pathways | Core strength | | | | Accuracy | Passing | | | |
| Leap | Forward Roll What are Rolls in Gymnastics? - Physical Education - Twinkl | | | | Body |  | | | |
| Quarter turn |  | | | |  |  | | | |