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|  **Year 6 – *PSHE* – Autumn one** |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know |
| Relationships:* I can explain that everyone should be treated equally.
* I can explain why it is important to listen and respond respectfully to a wide range of people.

Living in the wider world:* I can identify how to keep myself safe from fire at home and school.
* I can explain what a fire hazard is.

Health and wellbeing: * I can identify ways to boost my mood and improve my emotional wellbeing.
* I can explain that there is a link between participating in interests, hobbies and community groups and my mental wellbeing.
* I can identify when CPR may be an appropriate emergency response.
* I can explain how to provide CPR in an emergency situation.
* I can identify how to respond in an emergency, including when and how to contact different emergency services.
 | Relationships:* I can identify what it means to be attracted to someone and recognise there are different kinds of loving.
* I can explain the difference between gender identity and sexual orientation.
* I can explain what consent means and know how to seek and give/not give permission in different situations.
* I can identify qualities that help form a healthy romantic relationship.
* I can explain how to seek support if I am concerned about a romantic relationship.
* I can explain different ways couples may show their love and commitment to one another, including those who are not married or who live apart.

Living in the wider world:* I can explain what prejudice and discrimination are and the difference between them.
* I can identify ways to safely tackle discrimination.
* I can explain what diversity is and how to value and celebrate it.

Health and wellbeing: * I can explain that balancing time online with other activities helps me to manage my health and wellbeing.
* I can identify different ways to manage my time spent online.
* I can explain what to do if I am worried about something I have seen online.
 | Attraction  | An interest in someone, this may be emotional and/or physical.  |
| Gender identity | Is a person’s individual sense of their gender and identity.  |
| Commitment  | A pledge or an obligation to do something.  |
| Consent | Giving someone a choice about touch or actions and respecting their answer. |
| Prejudice  | An unfair and unreasonable opinion or feeling formed without enough thought or knowledge.  |
| Discrimination  | Unfair treatment of one particular person or group of people |
| Diversity  | About embracing differences and including all types of people. |