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| **Year 6 – *PSHE* – Autumn one** | | | |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know | |
| Relationships:   * I can explain that everyone should be treated equally. * I can explain why it is important to listen and respond respectfully to a wide range of people.   Living in the wider world:   * I can identify how to keep myself safe from fire at home and school. * I can explain what a fire hazard is.   Health and wellbeing:   * I can identify ways to boost my mood and improve my emotional wellbeing. * I can explain that there is a link between participating in interests, hobbies and community groups and my mental wellbeing. * I can identify when CPR may be an appropriate emergency response. * I can explain how to provide CPR in an emergency situation. * I can identify how to respond in an emergency, including when and how to contact different emergency services. | Relationships:   * I can identify what it means to be attracted to someone and recognise there are different kinds of loving. * I can explain the difference between gender identity and sexual orientation. * I can explain what consent means and know how to seek and give/not give permission in different situations. * I can identify qualities that help form a healthy romantic relationship. * I can explain how to seek support if I am concerned about a romantic relationship. * I can explain different ways couples may show their love and commitment to one another, including those who are not married or who live apart.   Living in the wider world:   * I can explain what prejudice and discrimination are and the difference between them. * I can identify ways to safely tackle discrimination. * I can explain what diversity is and how to value and celebrate it.   Health and wellbeing:   * I can explain that balancing time online with other activities helps me to manage my health and wellbeing. * I can identify different ways to manage my time spent online. * I can explain what to do if I am worried about something I have seen online. | Attraction | An interest in someone, this may be emotional and/or physical. |
| Gender identity | Is a person’s individual sense of their gender and identity. |
| Commitment | A pledge or an obligation to do something. |
| Consent | Giving someone a choice about touch or actions and respecting their answer. |
| Prejudice | An unfair and unreasonable opinion or feeling formed without enough thought or knowledge. |
| Discrimination | Unfair treatment of one particular person or group of people |
| Diversity | About embracing differences and including all types of people. |