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|  **Year 3 – *PSHE* – Autumn one** |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know |
| Relationships: * Making friends
* Feeling lonely and getting help

Living in the wider world:* Belonging to a group
* Roles and responsibilities
* Being the same and different in the community

Health and wellbeing:* Why sleep is important
* Medicines and keeping healthy
* Keeping teeth healthy

Managing feelings and asking for help | Relationships:* I can identify 3 positive features of being part of a family.
* I can explain what to do/who to speak to if family relationships are making me feel unhappy or unsafe.
* I can describe different types of family structures.
* I can identify differences and similarities between different types of families.
* I can explain why different family types should be valued and celebrated.

Living in the wider world:* I can explain what a law is and why they are important.
* I can explain what human rights are and name a human right that I have.
* I can explain how human rights protect me.

Health and wellbeing: * I can identify ways to keep myself safe when near fireworks.
* I can explain what an exit strategy is and why they are important.
 | Positive  | Something that is good or wanted.  |
| Quality  | A characteristic of something or someone.  |
| Law  | A set of rules that are created and enforced by a government to help control behaviour.  |
| Government  | A group of people that have the power to rule over others.  |
| Right  | The freedoms we have that are protected by law.  |
| Firework  | Something that uses explosions to create a visual display.  |
| Strategy  | A plan, method or idea on how to achieve something.  |