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| **Year 3 – *PSHE* – Autumn one** | | | |
| What should I already know? | What am I going to learn in this unit? | Vocabulary I need to know | |
| Relationships:   * Making friends * Feeling lonely and getting help   Living in the wider world:   * Belonging to a group * Roles and responsibilities * Being the same and different in the community   Health and wellbeing:   * Why sleep is important * Medicines and keeping healthy * Keeping teeth healthy   Managing feelings and asking for help | Relationships:   * I can identify 3 positive features of being part of a family. * I can explain what to do/who to speak to if family relationships are making me feel unhappy or unsafe. * I can describe different types of family structures. * I can identify differences and similarities between different types of families. * I can explain why different family types should be valued and celebrated.   Living in the wider world:   * I can explain what a law is and why they are important. * I can explain what human rights are and name a human right that I have. * I can explain how human rights protect me.   Health and wellbeing:   * I can identify ways to keep myself safe when near fireworks. * I can explain what an exit strategy is and why they are important. | Positive | Something that is good or wanted. |
| Quality | A characteristic of something or someone. |
| Law | A set of rules that are created and enforced by a government to help control behaviour. |
| Government | A group of people that have the power to rule over others. |
| Right | The freedoms we have that are protected by law. |
| Firework | Something that uses explosions to create a visual display. |
| Strategy | A plan, method or idea on how to achieve something. |